

Christian Care's Annual Report 2018

You Helped Us Accomplish A Lot in 2018!

Dear Steve

As I reflect back on 2018, I am proud to say we remained laser-focused on providing services emphasizing safety, trust, choice, collaboration and empowerment. Below I have listed a few of the highlights we are most proud of.

With the help of a grant and matching funds, we created a partnership with the UnityPoint Trinity Parish Nursing & Health Ministry for a trial parish-nursing program. When Rhonda, our parish nurse, arrived and began building a trusting relationship with the residents of our shelter and those visiting our community meal site, we quickly saw the fruits of our labor. Offering health education, blood pressure screenings, and essential follow up, Rhonda empowered them to take responsibility for their own health rather than waiting to visit the emergency room. In the first year, Rhonda made contact with over 376 men and women, ranging in age from 25 to 74, referring only 2 to the ER.

In 2018 our meal site provided almost 45,000 meals to those in need. But we knew there was still a need for more options so we partnered with River Bend Food Bank and Trinity Anglican Church to provide a mobile farmer's market, offering fresh produce in our downtown Rock Island community. We also increased our backyard garden from 3 to 7 beds harvesting over 400 pounds of fresh produce, with 100% utilization in our

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meal site. Our goal is to help provide a choice of fresh and healthy options to the hungry and needy in our community.

Finally, I would like to share what I believe to be one of our most important accomplishments. During a strategic planning session, our board brainstormed strategic priorities and how to increase Christian Care's shelter capacity. Many options were discussed over the last couple of months of 2018 and I am happy to report that during the February 2019 board meeting, approval was granted to convert a staff dorm to a six-bed residential dorm that will be ready for occupancy by the end of June 2019. This will be a 17% increase in the number of men we can house.

I want you to know that we understand it's because of a caring, compassionate community coming together in support of a common goal that we are able to provide the services of empowering those in our community experiencing homeless, as well as those struggling with food insecurity, mental illness and substance abuse.

As we continue to foster the legacy of our founder by providing shelter to men experiencing homelessness, healthy choices to individuals and families fighting food insecurities, or health education through our parish nursing program; I want you to know I feel such gratitude to be able to lead this team. I am truly grateful to everyone who helped make this year a success and excited to see what 2019 brings us.



Franklin D. Roe, Jr.

You helped provide *over 13,000 nights* of lodging for men experiencing homelessness.



This included our Veterans' Transitional Housing Program (VTHP), a service intensive program deisgned to meet the specific needs of veterans experiencing homelessness in our community.

You provided for over 44,800 meals for hungry men, women, and children in the Quad Cities.

Christian Care maintains a community meal site open any hungry man, woman, or child who comes to our door. We provide breakfast every morning at 6:30am, lunch Monday-Friday at 12pm, and dinner every night at 6:30pm.

Volunteers served more than 3600 hours to serve meals, collect donations, share Chapel messages, and so much more.



We had an average of 150 volunteers serving over 300 hours every month. We also had approximately 125 volunteers serving with us for the first time throughout 2018.

Success Story: "The staff at Christian Care gave me hope and a new outlook on life."

- William, former resident

Key Programs & Services

Fresh Produce Mobile Food Pantry

Christian Care partnered with River Bend Food Bank and Trinity Anglican Church to host 4 mobile food pantries that specifically aimed to give away free fresh produce. We were able to operate 4 of these mobile food pantires in 2018, helping provide healthy meals for approximately 713 people.

Parish Nurse

Since April 2018, Christian Care has proudly partnered with UnityPoint- Trinity Parish Nursing & Health Ministry to provide on site consultative and basic medical services for anyone in our community struggling with homelessness or poverty. The program, which runs every Wednesday during the lunch hour (12-1pm), has been a huge success, averaging over 30 client visits each month. This includes both Christian Care residents and members of our local community.

RICCA

In 2018, Christian Care partnered with the Rock Island County Council on Addictions (RICCA) to provide on site substance abuse services. This took the form of both group and individual meetings throughout the year, helping all of residents in the fight against addiction.

Vegetable Garden

Christian Care maintains seven garden plots in the backyard of our facility in which we grow our own produce. The gardens provided a bumper crop of over 400 lbs. of fresh vegetables in 2018! This helps us consistently utilize produce at our community meal site to ensure that we offer healthy food choices to all of our residents and guests.







Success Story: "If anyone says they can't do it, its not true. I'm a living example."

- Carlan, former resident

Events to Remember from 2018

Donor Appreciation Picnic

Christian Care wanted to make sure our donors knew how much we appreciated them, so we provided a cookout in our backyard, and tours to learn more about the impact you're having. Be sure to check out <u>our Events page</u> for details on this year's picnic!



CROP Walk

For nearly 50 years, CROP Hunger Walks have ensured hat more people worldwide have access to nutritious, sustainable food. Christian Care was honored to sponsor a team of walkers again in 2018. Be sure to sign up to help support our team this fall!



BUNCO Blast

First Presbyterian Church (East Moline) hosted Bunco Blast in 2018, and Christian Care was honored to be one of the charities they blessed with the proceeds. Plus some of our staff found out they loved this card game!





Pancake Breakfast

Christian Care hosted a Pancake Breakfast in October 2018, a fun event to help raise additional funding for our shelter and meal site. Trinity Anglican Church graciously allowed us to use their facility. Everyone had a great time, meaning this event looks to become a new tradition. Stay tuned for details about the next Pancake Breakfast coming this fall!



Night for the Homeless

In what has become an annual tradition, Cambridge High School students slept outside in cardboard shelters of their own design to help raise money for Christian Care. We are so thankful for their amazing effort and support!



Christmas Party

Residents and staff celebrated Christmas together with a wonderful dinner, gifts, and a special choir concert at the beautiful Butterworth Center in Moline. A delicious meal and a lot of fun!



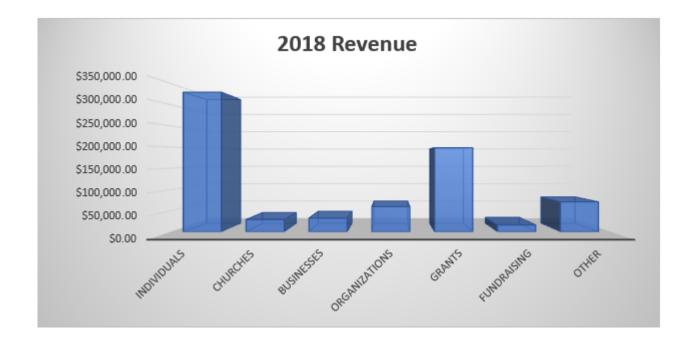
Success Story: "Good things keep coming."

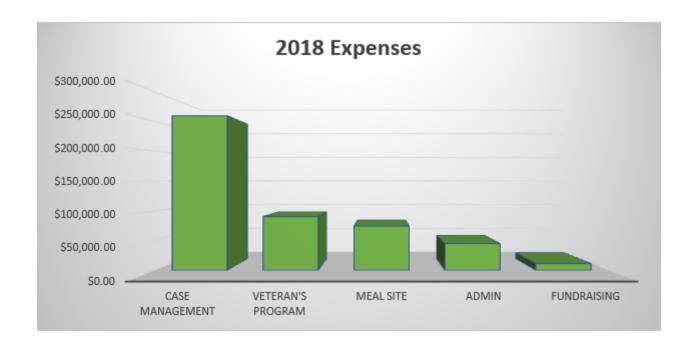
- Jim, former resident

2018 Financial Statement

You gave and it made a difference! Through individuals, churches, businesses, and organizations, we were blessed with tremendous donations throughout the year. We are also thankful for generous grants from various foundations and donors that helped supply vital needs. You may have also participated in one of our key fundraising events, such as Have a Heart for the Homeless, Trivia Night, or our Pancake Breakfast.

However you gave, thank you for your generosity!





Revenue: \$725,127

Expenses: \$480,463

Success Story: "I needed (Christian Care) to provide me with stability and teach me how to be still- how to be content in the moment."

- Former Christian Care resident

Building a Bridge Back Home

Christian Care Launches New Donor Program

Last fall, Christian Care launched a new donor program aimed at encouraing people to become generous ongoing financial partners. At their most basic, bridges are designed to help move people across rough, difficult, or even dangerous terrain. Christian Care invites people to help us build bridges to get people off the street and into long term, safe, stable housing.

Ongoing gifts of different amounts can help have a range of impact. The recommended target is \$40/ month, which helps provide a person with 3 meals and 1 night of shelter. Just \$10/ month provides someone with 3 meals for 1 day, and \$280/ month provides a week (7 days) of food and shelter.

At the time of publiciation for this report, Building a Bridge Back Home has already helped provide food and shelter for more than 450 days! That's quite an accomplishment, but there is still a long way to go to provide both for the residents at Christian Care and for so many more people in need within our community.

Check out our website to learn more about the program and to start giving today!

Did You Know? Christian Care saw an increase of social media followers of 200% in 2018! Thanks for joining the conversation and helping spread the word!

Upcoming Events Come Out to Join Us!



Be sure to mark your calendars for many more exciting events with Christian Care coming up in 2019 and beyond! Help us continue to make a difference in the lives of people experiencing homelessness throughout the Quad Cities.

August 24- Donor Appreciation Picnic September 15- Bunco Blast October 6- CROP Walk October 19- Pancake Breakfast February 8, 2020- Have a Heart for the Homeless

You can keep up to date with key Christian Care activites by checking in on our <u>Events Page</u>, following us on <u>Facebook</u>, or joining the conversation on <u>Twitter</u>.

Thank you to everyone who gave, volunteered, supported, and encouraged Christian Care in 2018. We couldn't succeed in our mission without you!













Looking ahead to an even brighter 2019!

Please visit our website at www.christiancareqc.org.

Donate to help support Christian Care at www.christiancareqc.org/donate.

By providing safe shelter, support, and resources, Christian Care empowers the homeless to make positive changes in every aspect of their lives.